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CONSTIPATION

Is "Fruit-a-lives"—That Wonderful Remedy Made From Fruit Juices.

AVON, ONT., MAY 14th. 1913.

"I have used 'Fruit-a-lives' for Indigestion and Constipation with most excellent results, and they continue to be my only medicine. When I first started about six years ago to use them, I took four at a dose but gradually reduced the dose to one tablet at night. Before taking 'Fruit-a-lives', I took salts and other pills but the treatment was too harsh. I thought I might as well suffer from the illness as from these treatments. Finally, I saw 'Fruit-a-lives' advertised with a letter in which some one recommended them very highly, so I tried them, and I have no hesitation in recommending them."

ANNIE E. CORBETT.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

MINERAL ACT.

Certificate of Improvements.
NOTICE.

Starlight, Homestead No. 1, and Sun-
rise Mineral Claims, situate in the Skeena
Mining Division of Cassiar District.
Where located: On the North Shore of
Grandy Bay between Bonanza and Falls
Creeks.

TAKE NOTICE that I, George R. Naden,
Free Miner's Certificate No. 50353B, act-
ing as Agent for Thomas McHostie, Free
Miner's Certificate No. 80348B, and James
Hatch, Free Miner's Certificate No.
50396 B, intend, sixty days from the
date hereof, to apply to the Mining Re-
corder for a Certificate of Improve-
ments, for the purpose of obtaining a
town grant of the above claims.

And further take notice that action, un-
der section 37, must be commenced before
the issue of such Certificate of Improve-
ments.

Dated this 15th day of March, A. D.
1915.

GEO. R. NADEN.

NOTICE TO DELINQUENT CO-
OWNER.

TO HENRY JOHNSON, or to any per-
son or persons to whom you may have
transferred your interests, Take Notice
that I, the undersigned Co-Owner with
you in the "Gold King No. 1" and the
"Skeena" Mineral Claims, situated at the
foot of Hastings Arm about three-quarters
of a mile from the beach, in the Skeena
River Mining District, Province of
British Columbia, have done the required
amount of work on the above mentioned
claims for the year 1914, amounting to
\$10, in order to hold the same under
the 14 of the Mineral Act, and if you
fail to pay the publication of this notice
within 30 days of the publication of this
notice you fail or refuse to contribute
your portion of such expenditure, to-
gether with the costs of this advertise-
ment, your interest in the said mineral
claims will become the property of the
undersigned under Section 4 of the Min-
eral Act Amendment Act of 1900.

T. H. COVERT,
Co-Owner.

Dated at Prince Rupert, B. C., January
1915.

FIRE ALARM SYSTEM

CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.
Box 13—6th St. and 3rd Ave.
Box 14—8th St. and 3rd Ave.
Box 15—Junction of 1st, 2nd and
3rd Aves.
Box 16—1st Ave., between 8th and
9th Sts. (Knox Hotel.)
Box 17—1st Ave. and 7th St. (Gen-
eral Hotel.)

CIRCUIT NO. 2.

Box 22—3rd Ave. and 3rd St.
(Post Office.)
Box 23—3rd Ave. and McBride St.
Box 24—1st Ave. and McBride St.
Box 25—2nd Ave. and 2nd St.
Box 26—2nd Ave. and 6th St.
Box 27—G. T. P.

CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.
Box 32—Borden and Taylor Sts.
Box 34—7th Ave. and Fulton St.
Box 35—9th Ave. and Comox Ave.
Box 37—8th Ave. and Dodge Pl.
Box 38—5th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson
Pl.
Box 42—5th Ave. and McBride St.
Box 43—5th Ave. and Green St.
Box 44—6th Ave. and Basil St.
Box 45—7th Ave. and Eberts.
Box 141—7th Ave. and Young St.

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OLD WATCH FREE.

A straightforward genuine
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firm. We are giving away
free to thousands of
people all over the
world as a huge
advertisement. Now
is your chance to
obtain one. Write
now, enclosing 25
cents for one of our
fashionable Ladies'
Long Guards, or
Gents' Alberta, or
carriage watch to wear
with the watch, which
will be given free
(these watches are
guaranteed five years),
should you take ad-
vantage of our mar-
vel-
ous offer. We expect you
to tell your friends
that this offer too good
to be true, but send
it away—WILLIAMS & LLOYD, Wholesale
Watch Co., 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100, 102, 104, 106, 108, 110, 112, 114, 116, 118, 120, 122, 124, 126, 128, 130, 132, 134, 136, 138, 140, 142, 144, 146, 148, 150, 152, 154, 156, 158, 160, 162, 164, 166, 168, 170, 172, 174, 176, 178, 180, 182, 184, 186, 188, 190, 192, 194, 196, 198, 200.

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FULFORD FAMILY WHICH MAKES BIG WAR GIFT.
Mrs. G. T. Fulford, of Brockville, her son-in-law and daughter, Mr. and Mrs. A. C. Hardy, who have presented the Canadian government with \$100,000 wherewith to equip a Canadian regiment.

GEN. SAM HUGHES ON
DEFENCE—STANDS BY
THE ROTTEN BOOTS

(Continued From Page One.)

swore that the men were obliged to parade with their feet tied up in shingle?" this from Macdonald, M. P. "I'd like to have the handling of that officer for five minutes," snorts the Major General. "The man's a liar!" And there you have the Major General at top heat. Almost any other witness would have put it in the parliamentary may, "The honorable gentleman has knowingly mis-stated the facts," or something soothing like that, but the Major General pins his faith to plain Anglo-Saxon.

This brief resume of the more picturesque parts of Major General Sam's evidence is not by way of demonstrating his short way with Generals, High Commissioners, King's Counsel and such but merely to show how far a seven-league friendship for bad boots will carry a Minister of Militia once he gets started.

In the Public Accounts Committee, where he appears next, he is a more subdued Major General, but still a valiant champion of old friends. To give the Major General's friends their due they put his defensive powers to the fullest test. For instance, there is Honorary Major McQuarrie, who had sworn just a few days before that he received \$1,200 for using his influence with the Minister of Militia. What is the Major General's answer? "One of my old boys. He began his life as a parson and is very green, like most clerical gentlemen. He signs foolish receipts." The Major General says this with such a charming smile that we are almost persuaded of Honorary Major McQuarrie's innocence, especially if he would cough up the twelve hundred. Surely, no Major General hath greater love than this, that he give his word for a friend like McQuarrie!

Another friend whom the Major General stands by is Honorary Major Thomas Russell, who handled the transport problem in the first rush, Major General Sam having chosen him as the best man in Canada to bring order out of chaos. Major Russell, being in the automobile business himself, not only brought order out of chaos, but also orders for his own company. He went further, and secured the agencies of various United States companies and sold to the government at the list price with 10 per cent off. The Major General did not go back on his good friend Major Russell for getting all that was in it, but the hurry being over, he found another friend in New York by the name of Thomas, who got 25 per cent off the list price and effected a saving of \$200,000 on the same quantity of motors as was purchased by friend Number One. The difference in having a friend whose first name is Thomas and one whose last name is Thomas thus figures up to about \$200,000.

Major Thomas is not British, as some newspapers have said. He is of that pure New York breed which does not acknowledge

that the letter r has a place in the alphabet. He comes from the country with which Major General Sam and his colleagues would have no truck or trade as far back as September, 1911. Since then they have not only had truck, but trucks—hundreds of 'em. Major Thomas' reports, to which Major General Sam listens with unfeigned approval, drags in the fact that all the extravagances in motor purchases took place when Major General Hughes was absent, but that things are going better now that the rush is over and the emergency price is broken. Incidentally, it explains why Honorary Major Thomas Russell had to pay \$200,000 more than he would have paid a few months later on. This report, edited no doubt by the Major General, expounds all the necessary facts with the art which conceals are and proves that while Major General Sam may be addicted to friendships they can't make a fool of him. The Major General is as wise as the serpent when occasion arises, as indeed you might expect of a warrior who has flocked with Mackenzie & Mann as long as Sam has.

Honorary Major Thomas gives his evidence in uniform, this being orders from headquarters. Major General Sam explains to the committee that he makes all his friends who have anything to do with contracts honorary majors so that he will have a hold on them. If they do not tell the truth while in uniform he can hale them before a drumhead court-martial and put them out of business. Consequently, some of the friends he stands by are honorary majors, while others are honorary colonels—the higher the rank the more standing by they need. On the other hand, some of his friends like "the Ellis boys—neither of whom can be a day over sixty—are neither honorary majors nor honorable colonels and can tell the truth as well out of uniform as in.

Meanwhile, Major Thomas, who is not only cleaning up the transportation problem for Canada, but who also has a long job ahead of him buying ammunition for the British and Russian governments in New York, always testifies in uniform as a guarantee of good faith. The Major is high-chested, high-purposed, and high priced and if the war goes on long enough he will accumulate a neat little fortune in commissions, but not more than an honest man should. The Major General has a 1-1-2 per cent arrangement with him on savings effected which beats virtue being its own reward by many thousands of dollars. It pays to be friends with the Minister of Militia. A friend in need is a friend indeed—and the Major General is no piker.

Another friend the Major General stands by is Honorary Colonel McBain, one of the G. N. R. lands headquarters staff, who helped to purchase the ground for Valcartier Camp. Colonel McBain has the whitest of teeth, the bluest of eyes, the rosiest of cheeks, the merriest of all smiles and no one wonders at the Major General taking a shine to him. One would as leave mistrust a cherub and the Colonel has a portfolio full of

documents to back his innocence up. Meanwhile, the Major General tells the committee what a fine fellow he is. Colonel McBain, by the way, has come across twenty-four of the four hundred missing horses and has placed them with farmers in the neighborhood of Valcartier until they get well and strong again. Of the remaining three hundred and seventy-six there is no trace, but the Major General promises to cable to the British authorities about it. The fact that there is no duplicate record of these animals in the Militia Department is, so to speak, a horse on the Major General.

So passes the Major General's busy day, eight solid hours defending friends and patriots who have undertaken to see contracts through at the smallest profit a friend dare take. Eight hours and still the Major General is not weary of well doing. He concludes gloriously with a touch of chivalry. He befriends a lady, he rescues a damsel in distress, his secretary, Miss Ina McAdams, who is in danger of being despoiled. Miss Ina has invented a shield shovel with a hole in the middle to shoot through. The hole has been patented and 25,000 of the shield shovels are now on their way to the front if the supercilious British War Office will let the Canadians use them. But, alas, envious males, some colonels among 'em, state that the shield shovel is as old as the Middle Ages and that the hole is not much younger. This spurs the Major General to a supreme effort of gallantry. He tells how Miss McAdams came to invent the shovel. In the course of her duties she had accompanied him to France and Belgium, the scene of the present war, and while there the idea visited her and was committed to paper. It was all very simple and convincing. The Major General is an inspiration in himself. Anything may happen when valor and beauty travel together.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

WATER NOTICE.

Use and Storage.

TAKE NOTICE that The Port Essington Water Company, Ltd., whose address is 517 Granville St., Vancouver, B. C., will apply for a license to take and use one and one-half cubic feet per second and to store 400 acre-feet of water out of Cunningham Lake. The storage-dam will be located at the outlet of Cunningham Lake. The capacity of the reservoir to be created is about 400 acre-feet and it will flood 9.23 acres. The water will be diverted from the stream at a point about 5 chains below the said outlet and will be used for Water-works purpose upon the land described as part of Lot 45, Range 5, Coast District, being the townsite of Port Essington. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert. Objections to the application or to the petition mentioned below may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The territory within which the company desires to exercise its powers is described as the townsite of Port Essington. A petition to amend the Certificate granted to the company in respect of its former right so as to include the right applied for herein will be heard in the office of the Board of Investigation at a date to be fixed by the Comptroller. The date of the first publication of this Notice is March 23, 1915.

"PORT ESSINGTON WATER CO., LTD.,"
Applicant.
"Wilson & Wheeler," Agent.
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In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

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